

**Strathfield North Public School
CANTEEN PRICE LIST - APRIL 2021**

BEFORE SCHOOL				SANDWICHES	
E	Fruit - Seasonal		1.00	Wholemeal or White High Fibre	
E	Hot Cheese Mini Roll		1.80	Extra Fillings	0.50
E	Hot Chocolate - Milo		2.00	Crunchy Rolls - Extra	0.70
E	Hot Ham Mini Roll		1.80	Wraps - Extra	0.90
O	Popcorn - warm		1.00	E Baked Beans	3.70
	Milk & Juices available			E Banana	3.70
	NO SPARKLING JUICES OR SNACK ITEMS AVAILABLE BEFORE RECESS			E Cheese	3.70
	RECESS			E Cheese & Tomato	4.00
	NO ICE CREAMS OR BLIZZARDS AVAILABLE			E Chicken	3.80
E	Bacon & Egg Mini Roll		2.50	E Chicken, lettuce & mayo	3.90
E	Egg & Sauce Mini Roll		2.00	E Egg	3.80
O	Hash Browns		0.70	E Egg, lettuce & mayo	4.00
E	Quesadilla -	pizza sauce & cheese	0.70	E Ham	3.80
E		ham & cheese	0.70	E Ham & cheese or Ham & Pineapple	4.00
E		garlic & cheese	0.70	E Ham, cheese & tomato	4.20
E		cheese & spinach	0.70	E Plain Bread (2 slices) - buttered or unbuttered	1.10
O	Spring Rolls		0.70	E Plain Crunchy Roll - buttered or unbuttered	1.30
E	Yogurt		2.00	E Salad - cucumber, tomato, beetroot, carrot & lettuce	4.50
	SNACKS			E Salad with Cheese	4.70
	All cakes, muffins and cookies baked on site.			E Salad with Ham or Chicken	4.80
E	Bread Sticks - each		0.20	E Salad with Tuna	4.90
O	Cake of the Day - per slice		1.00	O Salami	4.00
O	Cookies		1.00	O Salami & Cheese	4.20
E	Fruit - Seasonal Selection		1.00	E Tuna	4.00
O	Ginger Bread People		1.50	E Tuna, tomato & cucumber	4.40
O	Ginger Babies		0.50	E Vegemite	2.70
E	Light Cheese & Crackers		1.50	TOASTED SANDWICHES	
O	Muffins		1.50	<u>NOT AVAILABLE ON FRIDAYS</u>	
E	Grain Waves - Sour Cream & Chives		1.50	E Baked Bean	3.90
E	Pikelets		0.70	E Baked Bean & Cheese	4.20
O	Popcorn - warm - GF		1.00	E Cheese	3.90
O	Rice Sticks		1.50	E Cheese & Tomato	4.20
O	Red Rock Deli Sea Salt Chips - 28g packet		1.50	E Chicken & Cheese	4.20
E	Yogurt		2.00	E Ham	3.90
	DRINKS			E Ham & Cheese	4.20
E	Milk - Plain - Mini Bottle	150ml	1.00	E Ham & Pineapple	4.20
E	Milk - Plain	300ml	2.00	E Ham, Cheese & Tomato	4.40
E	Milk - Chocolate, Strawberry or Vanilla Malt	3	2.00	DRINKS	
E	Water - 300ml		1.00	E Harvey Fresh Juice 250ml 100% Juice	1.60
E	Water - 600ml		2.00	Popper - Apple, Apple Blackcurrant or Orange	
E	Sipahh Flavoured Straw		0.50	O Chill Ice Tea 250ml - Peach or Lemon	2.20
				E Chill Sparkling Juice 250ml - Raspberry, Orange Passio or Lemon	2.20

Lettering to the left of items indicate nutritional value as either
E - EVERYDAY or O - OCCASIONAL food. GF indicates GLUTEN FREE.

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DAILY LUNCHES		WEEK DAY OPTIONS -	
HOT		MONDAY - BURGER DAY	
O	Cheese & Spinach Roll	3.60	E BEEF BURGER - 4.50
O	Chicken Nuggets	0.80	lean beef pattie, lettuce, tomato & sauce
O	Chicken Nuggets - GF	0.85	E CHEESE BURGER - 4.50
E	Cob of Corn	1.60	lean beef pattie, cheese & sauce
E	Fried Rice - Vegetarian - GF	4.00	E CHICKEN BURGER - 4.50
O	Fried Rice with Ham	4.00	grilled chicken breast, lettuce & mayo
E	Hot Cheese Roll	4.20	O VEGE BURGER - 4.50
E	Hot Chicken & Cheese Roll	4.50	vegetarian pattie, lettuce & mayo
E	Hot Chicken Roll	4.20	TUESDAY -
E	Hot Ham & Cheese Roll	4.50	E SUSHI HAND ROLLS - 4.00
E	Lasagne	4.00	choice of avocado, cucumber,
E	Macaroni & Cheese - Vegetarian	4.00	cooked tuna, tempura prawn or
O	Roundas Pizza	3.50	teriyaki chicken
O	Singapore Noodles	4.00	E CHICKEN COMBO - 5.00
E	Twirls Bolognaise	4.00	a roasted chicken piece, corn & dinner roll
GLUTEN FREE NUGGETS AVAILAIBLE ORDERS MUST BE MARKED GLUTEN FREE		WEDNESDAY -	
E	BBQ Sauce	0.30	E CHICKEN WRAPS - 4.50
E	Sweet Chilli Sauce	0.30	lean chicken with lettuce, tomato, carrot,
E	Mayonnaise	0.30	mayo and sweet chilli sauce in a wrap
E	Tomato Sauce	0.30	O STONE BAKED PIZZA -
- PLEASE REMEMBER - NO CHICKEN NUGGETS OR TOASTED SANDWICHES ON FRIDAYS		Margarita 4.00	
		BBQ Chicken or Ham & Pinapple 4.20	
		THURSDAY	
		E SUSHI BABY ROLLS - 4.00	
		choice of either avocado, cucumber,	
		carrot, egg or cooked tuna	
		E WEEKLY SPECIAL - 5.00	
		Prepared fresh in the canteen. Watch	
		the newsletter for details.	
		FRIDAY	
		FRIDAY LUNCH DEAL - 5.50	
		E chicken <u>or</u> ham <u>or</u> cheese <u>or</u> salad	
		sandwich with a Harvey Fresh Juice	
		and Quelch Frozen Fruit Tube	
		PIES	
		O Lite'n Up Beef Cruizer Pie 180g	4.00
		O Mini Lite Travelers Pie 100g	3.00
		O Lite'n Up Sausage Roll 120g	3.50
		O FISH FINGER	0.80
		FROZEN TREATS	
E	Frozen Orange Segments	0.20	E Blizzard - Frozen Drink
E	Frozen Pineapple Rings	0.50	E Nippy's Frozen Juice Cup 110ml -
E	Frozen Grapes	1.00	Apple Blackcurrent
E	Quelch Fruit Tube	0.50	O Moosie - Chocolate or Blue Heaven
O	Twisted Frozen Yogurt	2.50	O Paddle Pop - ChocCaramel & Rainbow
O	Everest Vanilla Cup - GF & Low Fat	1.50	
O	Weis Frozen Dessert Bar -	1.50	
	Mango Passion & Milk		

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